

# Kentucky Behavioral Health Planning and Advisory Council

## Meeting Summary

Kentucky Transportation Cabinet, 200 Mero Street, Room 107, Frankfort

November 14, 2019

10:00am to 2:00pm

**Council Members:** Robin Osborne, Jeanette Rheeder, Peggy Roark, Carmilla Ratliff, Melony Cunningham, Gayla Lockhart, Sharon Darnell, Valerie Mudd, Sherry Sexton, Kelly Gunning, Angela Sparrow, Susan Abbott, Stephanie Hager, Bill Heffron, Scott Collins (DAIL)

**Guests:** Kim Carter

**Presenters:** Steve Cambron, Carol Cecil

**Staff:** Michele Blevins, Christie Penn, Phyllis Millspaugh, Lori Ramage, Maranda Perkins, Deb Davidson

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:05 AM and welcomed members, guests and staff. Gayla welcomed new member, Stephanie Hager. Attendees introduced themselves. Quorum was confirmed.	Planning Council's homepage: <a href="http://dbhdid.ky.gov/dbh/kbhpac.aspx">http://dbhdid.ky.gov/dbh/kbhpac.aspx</a>
Approval of August 15, 2019 Meeting Summary	Members reviewed the August 2019 minutes. Sharon Darnell made a motion to approve the minutes as written. Sherry Sexton seconded. <b>Minutes approved.</b>	Approved meeting summaries are available at the Planning Council's homepage.
Committee Reports	<u>Executive Committee</u> Gayla Lockhart, Chair, stated that the Executive Committee meets 10AM-12PM on January 23, 2020. The meeting will be held at the Cabinet for Health and Family Services Building, 275 E. Main Street in Frankfort in the Cafeteria Conference Room.  Gayla shared the 2020 meeting calendar.  <u>Membership Committee</u> Gayla Lockhart, Chair, invited members to attend the Membership Committee meeting on January 23, 2020 from 1PM-4PM at the Cabinet for Health and Family Services Building, 275 E. Main Street, Frankfort, Cafeteria Conference Room.  Gayla asked members to share the membership application with community partners and potential candidates, with a special focus on candidates who may qualify to represent Parents/Guardians of Children with Behavioral Health Challenges and Young Adults in Recovery from a Behavioral Health Disorder. Gayla reminded members that the application is available as a fillable form online at the Planning Council's webpage and a copy was included in	Membership application is available at <a href="http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf">http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf</a> .

Topic	Discussion	Next Steps
	<p>members' packets. Membership applications received by January 21, 2020 will be reviewed at the January 23<sup>rd</sup> meeting.</p> <p>Gayla identified members whose terms end in March and will need to submit a new membership application if they would like to serve another term on the Council.</p> <p><u>Finance and Data Committee</u> Peggy Roark, Chair, reported that the next meeting of the Finance and Data Committee is Wednesday, April 15, 2020.</p> <p><u>Advocacy and Policy Committee</u> No report.</p> <p><u>Bylaws Committee</u> No report.</p>	
2019 Behavioral Health Reports	<p>Michele Blevins discussed the Behavioral Health Reports due December 2, 2019. Hard copies of the mental health and substance abuse prevention and treatment reports were made available to members. Numbers of individuals served by CMHCs decreased slightly for some populations. Discussed possible reasons for this such as the open network allows for additional providers.. Discussion about department's focus on adult and youth peer specialists but not as much focus on family peer support specialists.</p> <p>Time was provided for members to provide feedback and recommendations for the draft report. One member voiced concern that people are being left out of the behavioral health system of care and asked how we can change the culture of the system (e.g., integrated treatment for mental illness and substance use disorders) to ensure everyone has access to services. The department appreciates the feedback; a discussion was held about ways to accomplish that. Gayla read the letter to Virginia Simmons regarding Council support of the Behavioral Health Report that will be submitted with the report and signed the letter as chair of the Council. The letter will be submitted with the year-end reports.</p>	Block Grant Plans and Reports are available at <a href="http://dbhdid.ky.gov/dbh/kbhpac-bg.aspx">http://dbhdid.ky.gov/dbh/kbhpac-bg.aspx</a> .
Department Updates	<p>Michele Blevins provided the following department updates:</p> <ul style="list-style-type: none"> <li>• BHDID was awarded additional funds to support training from SAMHSA (\$367,000 for substance use and \$136,000 for mental health).</li> <li>• There were about 200 participants at the Creating Community Connections Conference for peer support specialists, community support associates and case managers (Turnout was lower than expected).</li> </ul>	

Topic	Discussion	Next Steps
	<ul style="list-style-type: none"> <li>• Kentucky's peer support provider certification (908 2:220, 2:230, 2:240) regulations are being reviewed. Medicaid added a new code for group therapy and a new fee schedule. There is a limit of eight individuals in a group.</li> <li>• A copy of the new telehealth ordinary regulation was shared with members.</li> <li>• The Cabinet for Health and Family Services (CHFS) is reviewing its Olmstead Plan for revision.</li> <li>• CHFS continues its work to integrate trauma-informed care into the work of all of its departments.</li> </ul> <p>A member shared a concern that Kentucky's work to expand services for individuals with opioid use disorder is still not meeting the needs of individuals with co-occurring opioid use disorder and serious mental illness. Specifically, that some providers residential treatment for SUD, ordered by the court, do not allow individuals to remain on medication taken for SMI diagnosis.</p>	
Funded Entity Report: e-cigarettes (Substance Use Prevention)	Steve Cambron, a Program Administrator at the Division of Behavioral Health, educated members on what e-cigarettes are, how they work, and what the risks are for kids, teens and young adults. Steve also discussed current efforts to reduce the number of young people having access to and using e-cigarettes.	E-cigarettes: <a href="https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html">https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html</a>
Funded Entity Report: Kentucky Partnership for Families and Children	Carol Cecil, Executive Director of Kentucky Partnership for Families (KPFC) and Children discussed the work of the statewide advocacy and support organization and how the organization utilizes Block Grant funds to advance its mission to empower families affected by behavioral health challenges to initiate personal and system change.	KPFC: <a href="https://kypartnership.org/">https://kypartnership.org/</a>
Member Updates	<ul style="list-style-type: none"> <li>• Kelly Gunning shared that Participation Station celebrates 10 years of providing services soon. Participation Station is a peer operated center that serves 650-700 individuals per month. There are 13 more peer operated centers in Kentucky. Kelly also shared that NAMI Lexington has worked with the Lexington Mental Health Court for 5 years and estimates that this collaboration has saved the metropolitan government \$20.5M in jail days alone. NAMI Lexington's Family Christmas is the first Sunday in December and the Annual Award Dinner is November 20. The annual NAMI Walk in October went well; UK had a team of 120 student nurses participate.</li> <li>• Angela Sparrow shared that the comment period for the 1915c waiver began November 8<sup>th</sup> and ends December 9<sup>th</sup>. The BH Policy Team participated in the most recent SMI/SED 1115 waiver webinar in early November. The team will review and continue to</li> </ul>	Participation Station: <a href="http://www.namilexington.org/support/participation-station/">http://www.namilexington.org/support/participation-station/</a>

Topic	Discussion	Next Steps
	<p>discuss options. SUD 1115 Phase2 Planning is underway. Residential providers in a BHSO and CMHC are eligible to self-attest to a residential level of care to receive a waiver of the IMD exclusion to provide up to 96 beds as well as an enhanced rate for reimbursement. A Targeted Management Task Group has been formed with DMS and DBH to review the TCM regulations and make changes as need in the upcoming months.</p> <ul style="list-style-type: none"> <li>• Sharon Darnell shared that 3,385 people were served by IPS Supported Employment last fiscal year, with 1,084 working, 176 in school, and 496 new job starts. CMHCs plus two other vendors (Mental Health America and Independence Place) provide IPS Supported Employment services. The IPS annual conference is scheduled for April at Barren River State Park.</li> <li>• Peggy Roark discussed providers' lack of awareness that individuals who are indigent are not required to pay Medicaid copays.</li> <li>• Jeanette Rheeder shared that Olmstead is going into Jefferson County with vouchers. Traditionally Kentucky Housing Corporation does not cover Jefferson County due to Louisville Metro Housing and DBH having an agreement; however, now we are providing Centerstone with 50 vouchers for Second Amended Settlement Agreement (SASA) clients. Olmstead vouchers do not require background checks, which will help some individuals.</li> <li>• Melony Cunningham shared that NAMI Kentucky's annual conference had a good turnout despite a change of venue. Two trainings are scheduled for NAMI Connections and NAMI Family-to-Family. Melony shared that the organization is accepting membership applications for board members. A cultural competency webinar is scheduled for this evening.</li> </ul>	
Adjournment of Meeting	Peggy Roark made a motion to adjourn. Robin Osborne seconded. Meeting adjourned at 1:48 PM.	<u>Next Meeting:</u> Thursday, March 12 <sup>th</sup> 10:00 a.m. – 2:00 p.m. Kentucky Transportation Cabinet, 200 Mero Street, Frankfort